

**The Official State Gazette (BOE) publishes the measures of the Ministry of Health with the details for phase 1 of the “de-escalation” and how they can open shops, bars, gyms and churches.**

As a result of the technical analysis of the documentation, 51% of Spanish citizens will be able to make social distancing measures more flexible as of Monday by moving their territories of residence to Phase I of the Plan for Transition towards a new normality.

In these territories, the social contact of up to a maximum of 10 people will be allowed, without counting the cohabitants. In any case, they must maintain a minimum safety distance of two meters or establish physical protection and hand hygiene measures.

People with symptoms of COVID-19, those diagnosed with the disease or those who have been in close contact with someone with symptoms or diagnosed, should continue to be isolated.

**Occupational hygiene:**

Regarding hygiene and prevention in the workplace, the order establishes, among other measures, that shifts and positions be modified so as to ensure the minimum interpersonal safety distance of two meters between workers. These distance measures will also be applied in the changing rooms, lockers and toilets, as well as in any other common area. Workers must also be provided with hydroalcoholic gels or authorized disinfectants in the workplace.

**Opening of terraces:**

The order regulating Phase 1 will allow, among others, the reopening of the hotel and restaurant terraces outdoors, up to a number of tables less than 50% of those authorized. At each table or group of tables there may be a maximum of 10 people, who, in addition, must respect the interpersonal distance. In addition, the tables will have to be disinfected between one client and another, and cards in common use and napkin holders cannot be used.

**Changes in stores and shops:**

Only shops of less than 400 square meters will be able to open, as in phase 0, but prior appointment and individual attention will no longer be necessary. The stores They will allow the entry of clients up to a maximum of 30% of their capacity, it will be necessary to maintain a minimum safety distance of two meters and a preferential service schedule must be established for those over 65 years of age that coincides with their time slot. In addition, merchants will have to disinfect the premises twice a day.

Opening in phase 1 of shopping malls or stores over 400 square meters is not allowed  
Hotels and accommodation:

Hotels open with no room limit, that is, they can all be opened. Yes, catering or food service may be established for the people housed for the exclusive use of its clients. The use of spas, gyms, mini clubs, children's areas, discos, event rooms, etc. is prohibited. For these establishments, the order also establishes specific hygiene measures.

Visits to loved ones:

Loved ones can be visited, unless they are positive for coronavirus or are in isolation. You will not be able to visit elderly people or those who belong to a risk group, as they are more vulnerable to COVID-19.

### **Meetings of up to 10 people:**

Meetings of up to 10 people are allowed both at home and on the street. They will have to maintain a safety distance of two meters and respect the hygiene regulations regarding hand washing and "respiratory etiquette".

### **Time slots for walks and sports:**

The slots are maintained for walks and sports. In addition, the Autonomous Communities are empowered to modify these strips with a margin of two hours in order to adapt them to each territory.

### **Will it be possible to leave the province?**

No. Inter-province mobility is only allowed for health, work, professional, business or elderly care reasons.

Can you go to second homes?

No, it is not allowed in phase 1. It is allowed in the event that the second residence is in the same province.

### **How many people can move in the same car at the same time?**

The inhabitants of the same home can share a car of up to nine seats.

The markets will be reactivated

The activity of open-air markets on public roads will return, although with restrictions regarding the distance between stalls and the delimitation of the street market for proper control of capacity by the security forces. The number of regular positions is limited to 25% and the maximum allowed influx will be one third of the capacity.

### **Wake:**

The wakes will be allowed, but the number of relatives who can do it is limited, which is 15 people if it takes place outdoors and ten in closed spaces.

### **Burials:**

You can go to funerals but there is also a limit: the entourage for the burial or the farewell for the cremation of the deceased is restricted to a maximum of fifteen people and, where appropriate, the minister of worship or assimilated person of the respective confession for the practice of the funeral rites of farewell to the deceased.

### **Churches and places of worship:**

Houses of worship will open in phase 1, but the influx of worshipers will be reduced to a third. Daily and Sunday Eucharist will be celebrated and preference will be given to accompanying families who have lost a loved one.

### **Will swimming in pools be allowed?**

No. Any citizen can access outdoor sports facilities, except swimming pools and water areas.  
Sport practice

The order also includes professional and federated sports activity, authorizing access to the High Performance Centers. The training sessions will preferably be carried out individually, establishing shifts and access times, and the Tasks to be carried out will always be done without physical contact and respecting the safety distance.

Regarding the Professional Leagues, the clubs will be able to carry out individualized physical and technical tasks, as well as non-exhaustive tactical training, in groups of a maximum of 10 athletes, maintaining the interpersonal distance of two meters.

The training tasks will be carried out whenever possible in turns, avoiding exceeding 30% of the facility's capacity, with the aim of maintaining the minimum necessary distances. The training sessions cannot be attended by the media.

On the other hand, any citizen can access outdoor sports facilities, except for swimming pools and water areas. Individual sports or those that can be developed by a maximum of two people will be allowed, provided they do not maintain physical contact and comply with the interpersonal distance of two meters.

In closed sports centers, practice must be individual and by appointment. There can only be one person per coach and turn. Locker rooms and common areas will not be reopened.

The order establishes that these measures established for the development of professional and federated sports activity shall not apply to hunting and sport fishing.

### **Opening of gyms and sports facilities:**

If the sports facilities are outdoors and the activities do not involve physical contact (such as tennis or athletics), you can go to phase 1. Also at that time you can do individual sports activities by appointment in sports centers that do not involve physical contact or the use of changing rooms. Opening showers and changing rooms is not enabled. And sport hunting and fishing continue to be suspended.

The use of facilities whose space is closed will have to be postponed to phase 2 and only when the sport is done without an audience and does not require physical contact.

Opening of educational centers

Regarding educational centers and university centers, they will be opened for disinfection, conditioning and for the performance of administrative functions, in which an interpersonal distance of two meters must be guaranteed. The directors

The educational centers will determine the necessary teaching and auxiliary personnel. Likewise, university laboratories that have paralyzed their activity may reactivate it. In all cases, a cleaning and disinfection protocol will be available, the details of which are included in the order.

### **Scientific conferences:**

Conferences, meetings, events and seminars in the field of scientific and technical research, development and innovation will be allowed, which may never exceed the attendance of 30 people. To do this, remote participation will be encouraged. Attendees must guarantee the interpersonal security distance of two meters and, when this is not possible, will ensure that they have the necessary protection means.

### **Museums and shows:**

In the closed spaces where cultural acts and shows take place, a maximum of 30 people can access. The museums reopen temporary exhibitions and collections with 1/3 of the capacity. If they are outdoors, the capacity will be a maximum of 200 people. In any case, the interpersonal distance must be respected. For this, in addition to reducing the number of seats and avoiding the passage of people between rows, staggered access and exit will be facilitated and complementary services such as the cafeteria or shops will not be provided.

For this, in addition to reducing the number of seats and avoiding the passage of people between rows, staggered access and exit will be facilitated and complementary services such as the cafeteria or shops will not be provided, among other measures detailed in the order. What other establishments may reopen?

Car dealerships and ITV centers are also reopened by appointment. Also the garden and nursery stores and the lottery and ONCE administrations.

### **Attention to people with disabilities:**

The centers that provide the services listed in the Social Services Reference Catalog will be opened. In those cases where it is essential, these services and benefits will attend the citizens in person.

Care for people with disabilities and early care, occupational, rehabilitation and psychosocial therapies will be recovered.

Home care and continuous monitoring will also be provided again to older people who do not live in residences.